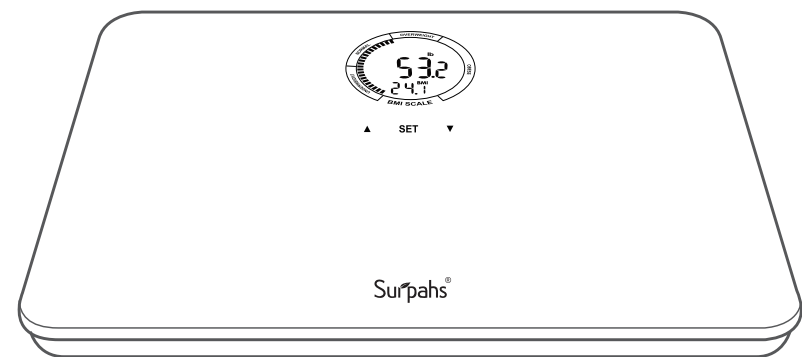


## Surpahs® Shiny Small Lightweight BMI Bathroom Scale User Manual (V2016/1)

Models: STT-1284P, STT-1284W

The user manual can be downloaded through Surpahs® website at <http://www.surpahs.com>



Scan for shopping and support:



Surpahs®  
[www.surpahs.com](http://www.surpahs.com)

## QUICK START GUIDE

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1. Remove the battery insulating strip before first use.
2. Place the scale on a hard flat surface. Avoid carpets, rug or soft, uneven surface.
3. If you would use the scale as a Weight-Only scale, for the first time to use the scale, you may just step onto the scale to turn it on, and then step off, wait for the screen to show "0.0" and turn off, and then step on again, the level bar lights up clockwise and anti-clockwise back and forward, then it will display your weight only.
4. If you would use the scale as a BMI scale, you are required to set up your profile first.
5. Press "SET" to enter Setup Mode. The Profile number will blink. Press the Up / Down arrow key ▲▼ and press "SET" to select a profile number. Then the Height reading is blinking.
6. Next, use the Up / Down arrow ▲▼ key and press "SET" to set your Height.
7. After setting your Height, the scale screen will display "0.0". **Please immediately step onto the scale before it turns off and remain your body still.** The level bar on screen lights up clockwise and anti-clockwise back and forward, when the weight is steady, the level bar will stop at the position correspond to the BMI level.

You do not have to remain standing on the scale, it will turn off automatically.

You may click the "UNIT" button located on the back of the scale to switch display unit between Kilograms (kg) and Pounds (lb).

Next time when you stand on the scale, it will identify your profile automatically according to its stored weight information.

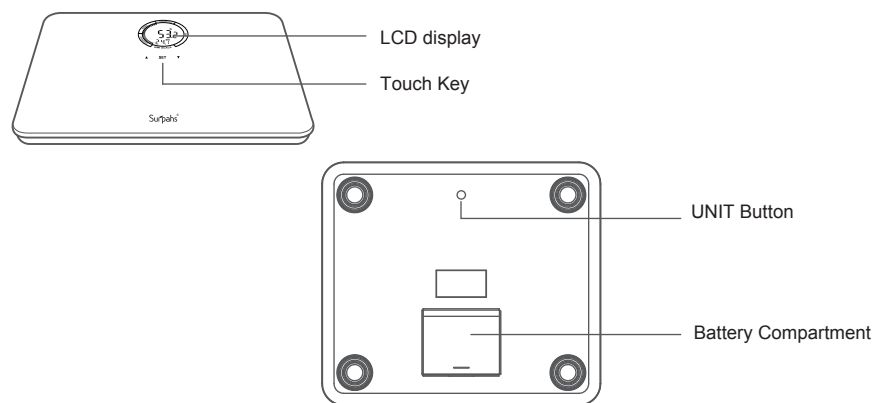
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## Statement of Accuracy

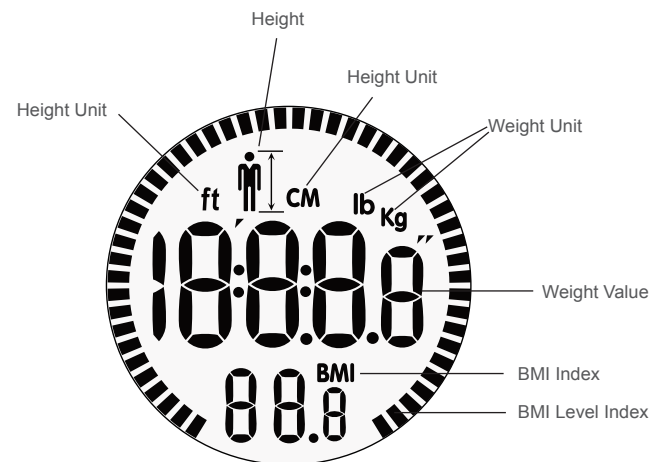
- Do not use the scale on a carpet, rug or uneven surface as these can cause inaccurate results.
- Do not use your Doctor's scale reading as "accurate" reference to determine the accuracy of your scale, as it is not the right way to test the scale accuracy. The best way test scale accuracy would be using 50 kg+ (110 lb+) standard Olympic weight bars on the scale.
- If you weigh yourself twice and get two different results, your weight lies between the two readings.

## SPECIFICATIONS/FEATURE

Dimension	280 x 245 x 22.5mm (11" x 9.6" x 0.88")
Turn On Method	Sense-ON (Stand on the platform directly)
Sensors	4 high precision G-Sensors
Display	Round Blue LCD with White Backlight V.A.=59mm (L) x 59mm (W)
Measurement Range	11 lb/5 kg - Max. 330 lb/150 kg
Division	0.1kg / 0.2 lb
Units	Kilogram (kg) / Pound (lb)
Height Range	100-250cm / 3'3.5"-8'2.5"
Power	6V (4xAAA Batteries)
Auto-Off Time	About 10 seconds of non-operation About 15 seconds after result is locked, or weight is unstable
Accuracy	0-50kg (0-110lb): ±0.3kg (0.66 lb) 50-100kg (110-220lb): ±0.4kg (0.88 lb) 100-150kg (220-330lb): ±0.5kg (1.10 lb)
Working Environment	Temperature: 0°C to 40°C / Humidity: ≤90% RH
Storage Environment	Temperature: -20°C to 60°C / Humidity: 10%RH to 90% RH
Low battery indication	"Lo"
Overload Indication	"----"



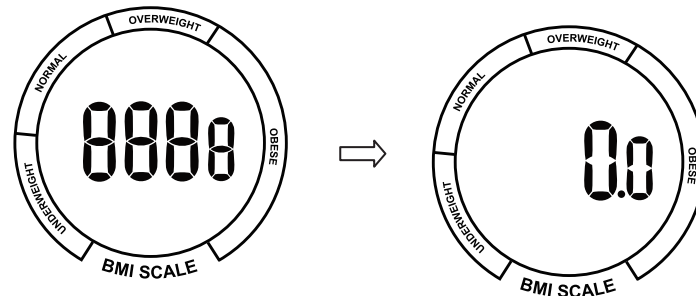
## LEGEND



## BATTERY

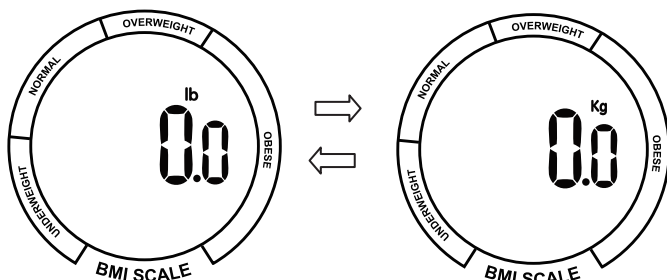
- Uses 4 x AAA batteries
- Make sure the + and - sides of the batteries are aligned correctly.
- Replace batteries when the low battery indicator "Lo" is shown.

When batteries are inserted, the screen will display "8888". Wait until the screen display "0.0", then it is ready to use.



## UNIT SELECTION

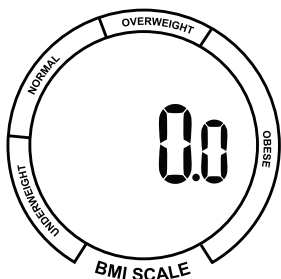
- Default displaying unit is "lb" (pound)
- To change displaying unit, press the UNIT button locate on the back of the scale, you can choose UNIT from kg or lb.



## INITIALIZATION/ CALIBRATION

**NOTE:** To ensure measurement accuracy, this initialization process must be done at anytime the scale is moved to another place, or batteries are changed.

1. Step one foot onto the platform to turn it on and step off immediately
2. Wait for the screen to show "0.0" and turn off automatically.

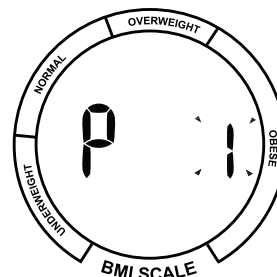


3. The scale is now ready to use.

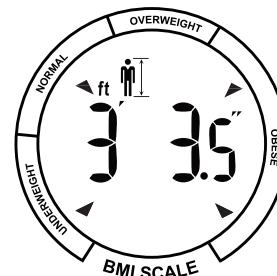
## SETUP USER PROFILE

If you would use the scale as Weight-Only scale, you may skip this section and refer to the instructions in "USING THE SCALE AS WEIGHT-ONLY SCALE" section. This scale can store up to 4 user profiles (identified as P1 to P4) in memory.

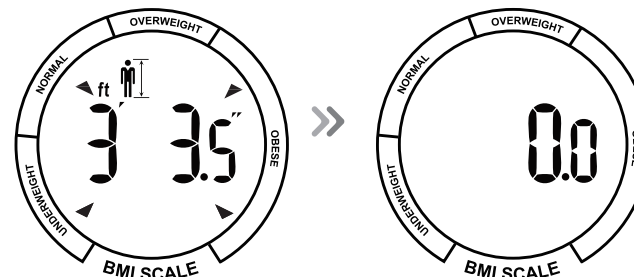
1. Press "SET" to enter Setup Mode. The Profile number will blink. Press the Up / Down arrow key ▲▼ and press "SET" to select a profile number. Then the Height reading is blinking.



2. Next, use the Up / Down arrow ▲▼ key and press "SET" to set your Height.



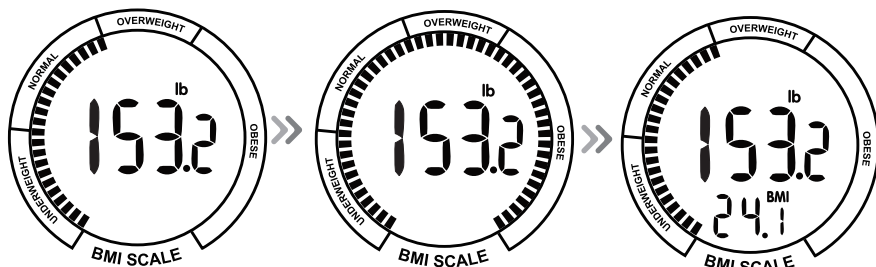
3. After setting your Height, the scale screen will display "0.0". **Please immediately step onto the scale before it turns off and remain your body still.**





The level bar on screen lights up clockwise and anti-clockwise back and forward, when the weight is steady, the level bar will stop at the position correspond to the BMI level.

The scale will save your weight in your selected profile.



This completes the programming of your profile. The next time you use your scale, it will identify your profile by comparing your current weight with the stored weight.

**Note:** If your weight changes by  $\pm 2$  kg ( $\pm 4.4$  lb) or more, the scale may have trouble identifying your profile. It is recommended that you re-configure your profile.

#### USING THE SCALE AS WEIGHT-ONLY SCALE

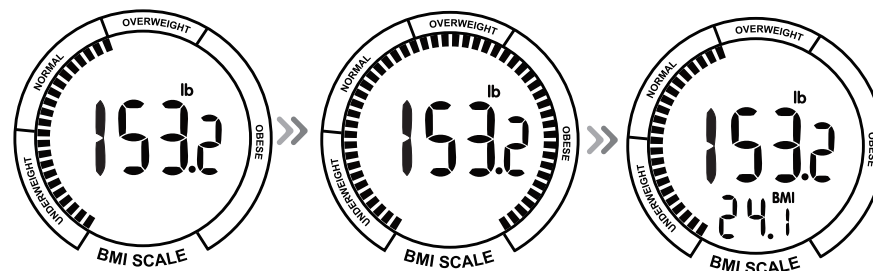
If you don't need BMI measurement, under this mode, your BMI Scale will operate as a conventional weight-reading scale, there are no special programming steps are required. You may simply step on the scale to measure your current weight:

1. Place the scale on a flat hard surface. Carpeted or uneven floors may affect accuracy.
2. Step onto the scale platform and remain still while the scale computes your weight.
3. The level bar lights up clockwise and anti-clockwise back and forward.
4. The scale will display your weight value and then turn off after 10 seconds if there is no operation.



#### USING AS BMI SCALE

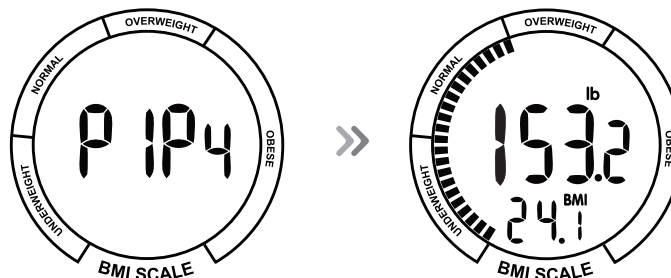
1. If you haven't programmed a user profile, please follow the instructions in "SETUP USER PROFILE" section to complete the setup.
2. If it is the first time use or has been moved from one place to another, please follow the instructions in "INITIALIZATION/ CALIBRATION" to initiate the scale.
3. Press "SET" and select your profile. (This step can be skipped, as the scale can automatically identify your programmed profile.)
4. Step onto the scale, keep still, the level bar lights up clockwise and anti-clockwise back and forward.
5. It automatically identifies a programmed profile (P1-P4). And then displays your Weight, BMI, and the BMI Level bar.



**NOTE:** If there is no profile matched, it will just go with the "WEIGHT-ONLY" mode, and will display your weight only.

If your weight changes by  $\pm 2$  kg ( $\pm 4.4$  lb) or more, the scale may have trouble identifying your profile. It is recommended that you re-configure your profile.



If one or more other user's stored weight is within  $\pm 2$  kg ( $\pm 4.4$  lb) of your weight, the scale is unable to determine which one is your profile, and it will display a choice of profile numbers, you can then use the Up / Down arrow keys to confirm the correct profile. Upon confirming, it will display the Weight, BMI and BMI Level. If no profile is confirmed, it will automatically turn off after a few seconds.



## MAINTENANCE AND CARE

- Clean exposed parts with a soft, slightly, damp cloth. To remove stains, use a mild soap.
- Never use detergents, excess water, treated cloths, harsh cleaning agents, or sprays.
- Do not immerse scale in water.
- Treat your scale with care to ensure the best performance. It contains sensitive electronic parts. Avoid rough treatment. Do not jump on, drop or kick the scale.
- Do not attempt to lubricate, disassemble, or open the scale casing as this will void warranty.
- Always weigh yourself on the same scale placed on the same floor surface.
- Do not compare weight readings from one scale to another as some differences do exist due to manufacturing tolerances.
- Place your scale on a hard even floor to ensure the greatest accuracy and consistency.
- It is recommended that you measure at the same time of the day, preferably early evening before a meal, for the most consistent results.
- Your scale rounds up or down to the nearest increment. If you weigh yourself twice and get two different results, your weight lies between the two.
- Do not dispose of batteries in fire. Batteries may explode or leak. Remove batteries from the scale if it will not be used for a long period.
- Avoid storage in following locations:
  - Where there is water.
  - Where the device may be exposed to extreme temperatures, humidity, moisture, direct sunlight, dust, or salty air.
  - Where there is risk of shock or drop.
  - Where you store chemicals or full of corrosive gases.
  - Where in reach of infants.

## TROUBLESHOOTING

Issues	Cause	Solution
	Overload. The scale will turn off in 4 seconds.	Stop using the scale for this measurement, or it will damage the G-Sensors.
	Low battery. The scale will turn off in 4 seconds.	Replace with new batteries
BMI level is abnormal	1. Height setting is incorrect. 2. Height has been changed, but it has not been updated in the profile.	Please reset the correct height
After standing on the scale, the LCD doesn't light up	1. Batteries are exhausted. 2. Batteries are not installed properly.	Replace with new batteries. Install the batteries properly

## FCC REGULATIONS

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received including interference that may cause undesired operation.

## WARRANTY

This product is warranted against defects in materials and workmanship for one year from the date purchase, when used in accordance with the instructions provided. This warranty does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair.

C8KE INC. shall not be liable for loss of use or any other incidental, consequential or indirect costs, expenses or damages. There are no express warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

Should this product require service (or replacement at our option) while under warranty, please visit website **[www.surpahs.com](http://www.surpahs.com)** and submit a support ticket.

If you have any questions about this product, please visit **[www.surpahs.com](http://www.surpahs.com)**, or scan the QR code, find the support link.

Surpahs® , C8KE INC.  
DE 19809, USA  
[www.surpahs.com](http://www.surpahs.com)

## TROUBLESHOOTING

1. You must have bare feet to take measurements. In order to get the most accurate and Consistent results, wipe your feet with a damp cloth, leaving them slightly damp before stepping on the scale. Repeat measurements again, maintaining maximum contact between your feet and metal sensors.
2. The condition of the skin on the bottom of your feet can affect the results. The natural effects of aging activity can make the skin hard. Take the reading with clean and slightly damp feet for best accuracy.

### 3. WARNINGMESSAGE



---- =**Overload Warning.** The maximum weighing capacity of the scale has been exceeded. Remove the weight immediately; otherwise, permanent damage to the scale will occur.



**Lo = Low Battery Warning.** Replace the batteries. Always replace both batteries at the same time, do not combine old and new batteries.



If only the weight is all that appears after the Bio Impedance Analysis (BIA) was attempted, or you get instability Error, Contact Error, or Body Fat Beyond Range Error, stand still on the scale while measuring. Clean bottom of your feet with a damp cloth, leave slightly damp, and repeat measurement again, maintaining maximum contact between your feet and the four metal pads (sensors).

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C8KE INC. shall not be liable for loss of use or any other incidental, consequential or indirect costs, expenses or damages. There are no express warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

Should this product require service (or replacement at our option) while under warranty, please visit website **[www.surpahs.com](http://www.surpahs.com)** and submit a support ticket.

Surpahs®, C8KE INC.  
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